

# JTGGA CME/CPD CREDITING



## Answer form for the article titled “*Methods for endometrial preparation in frozen-thawed embryo transfer cycles*” within the scope of CME/CPD

- Which of the following is not true for frozen-thawed (FT) embryo transfer?
  - Improvements in laboratory conditions have led to a progressive increase in FT embryo transfer cycles.
  - Limitations for the number of embryos to be transferred have led to a progressive increase in FT embryo transfer cycles.
  - FT doesn't increase the probability of pregnancy in a single stimulated cycle.
  - FT embryo transfer prevents embryo waste.
  - The preferred practice to prevent multiple pregnancy in IVF cycles is to transfer single embryo and freeze all surplus embryos.
- Which of the following is not a contributing factor to the significance of frozen-thawed (FT) embryo transfer?
  - FT embryo transfer prevents embryo waste.
  - Pregnancy rates following FT embryo transfer are higher than fresh embryo transfer
  - Protocols applied for endometrial preparation in FT cycles are simpler than the complicated protocols that aim to develop many follicles.
  - FT embryo transfer increases the cumulative pregnancy rate.
  - There is no consensus about which preparation method of endometrium is better.
- Which of the following statements is incorrect for embryo transfer in a natural (spontaneous) cycle.
  - Success of natural cycle depends on the accurate determination of the ovulation time
  - Timing for embryo transfer (ET) is determined by investigating the spontaneous luteinizing hormone (LH) surge.
  - Timing for embryo transfer (ET) is also determined by the administration of exogenous human chorionic gonadotropin (hCG) to start luteinization.
  - Ovulation is estimated to occur 36 to 40 hours after the determination of the blood LH surge.
  - Urine LH increases 21 hours before the detection of the blood LH surge.
- Which of the following statement is not true for artificial cycles?
  - In order to mimic the endocrine conditions of the endometrium of a normal cycle in an artificial cycle, estrogen and progesterone are administered simultaneously.
  - Estrogen administration is started at the beginning of the cycle, causing endometrial development, while suppressing dominant follicle development.
  - The earlier estradiol is commenced, the less the risk there is of unwanted follicular development and ovulation.
  - Estrogen administration is continued until the endometrium reaches a thickness of 8 mm (determined using an ultrasonographic examination), and progesterone is combined to initiate the secretory changes.
  - In an artificial cycle, an attempt is made to mimic physiologic mid-cycle estrogen-progesterone transition
- Which of the following statement is not true for estrogen administration in artificial cycles?
  - Estrogen can be administered as an oral tablet, transdermal plaster or transvaginal ring.
  - The commonly used forms are currently Estradiol valerate and micronized estrogens
  - A more physiological estradiol/estrone ratio (approximately 1) exists when estrogen is administered orally.
  - Transdermal estrogen application can cause fluctuations in estrogen concentrations, and it may sometimes be difficult to maintain a constant steroid level.
  - Another reason of preferring the transdermal route to oral administration is the unchanged serum lipid levels, coagulation factors, and renin substrate
- Which of the following statement is not true for progesterone administration in artificial cycles?
  - Progesterone can either be administered in artificial cycles using the intramuscular route, or as vaginal suppositories or vaginal gels.
  - Natural progesterone or micronized progesterone are the most generally used progesterone preparations.
  - The starting time for progesterone administration depends on the duration of estrogen administration but not on the endometrial thickness.
  - Progesterone administration can only be commenced when endometrium thickness exceeds 8 mm.
  - Vaginal progesterone was determined to form a secretory phase of endometrium that resembles that of the natural cycle.

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Questions on the article titled “*Methods for endometrial preparation in frozen-thawed embryo transfer cycles*” within the scope of CME/CPD

1<sup>st</sup> Question

A	B	C	D	E
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4<sup>th</sup> Question

A	B	C	D	E
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2<sup>nd</sup> Question

A	B	C	D	E
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5<sup>th</sup> Question

A	B	C	D	E
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3<sup>rd</sup> Question

A	B	C	D	E
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6<sup>th</sup> Question

A	B	C	D	E
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People who answer these questions will receive “2 TMA-CME/CPD credits”

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JTGGA MANUSCRIPT 2016/3

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