

Professor Dr. Erich Saling

"Father of Perinatal Medicine"

Professor Erich Saling is a significant pathfinder of the medical field "Perinatal Medicine" which cares for infants before, during, and after birth as well as for mothers.

Professor Dr. Erich Saling, one of the best known pioneers in the field of perinatal medicine was born on July 21st, 1925 in Stanislau (Ukraine, formerly Poland). Since 1952 he is married to Dr. Hella Saling and has two sons as well as six grandchildren.

In 1960 Professor Saling performed the first direct examination of the unborn child, the "fetal micro blood analysis", opening the door to prenatal medicine.

He is also the founder of the first national Society, as well as the first international, Association of Perinatal Medicine. His significant contributions led to the expansion of this specialty. Therefore, the international community of colleagues calls him the "Father of Perinatal Medicine".

In 1988 the Berlin Senate distinguished Professor Saling by awarding him the Ernst-Reuter medal for his services. In 2001 he was decorated with the Order of the Federal Republic of Germany (1st class) by the President of the German Republic, Johannes Rau. In 2000 the "World Association of Perinatal Medicine" established an award named after Professor Saling as a special honor. This award is given every two years to the best scientist in the field of Perinatal Medicine. In May 2005 Prof. Saling has been elected as president of the new founded "International Academy of Perinatal Medicine".

Since 1967, Prof. Saling was the Director of the Institute of Perinatal Medicine of the Free University of Berlin and the Director of the Department of Obstetrics in the community Hospital Berlin Neukoelln (Germany). Under his leadership over 60 000 children were born. In order to be able to continue his work to improve the health of mother and child he founded the non-profit "Erich Saling-Institute of Perinatal Medicine". Even after "retirement" he thus developed one of his best achievements: The Self-Care-Program for pregnant women for prevention of prematurity.



Prof. Dr. **Erich Saling**

1952 License to practise medicine and graduation at the free University of Berlin.

1954-1958 Obstetrics and Gynecology training at the Gynecological Clinic Berlin Neukoelln

1958 Starting to work as a specialist in Obstetrics and Gynecology. At the same time beginning with his scientific activities in the field of "Perinatal Medicine"

1963 University lecturer qualification

1968 Appointment as Professor

1976 Appointment as the director of the Institute of Perinatal Medicine of the Free University of Berlin and

as the head of the Department of Obstetrics in the Womens Hospital Berlin Neukoelln

1991 Retired as Director of the Institute of Perinatal Medicine at the Charité, University Medicine Berlin.

1993 Establishment of the private law Erich Saling-Institute of Perinatal Medicine www.saling-institut.de

Professor Saling published over 550 scientific contributions in the field of obstetrics and perinatal medicine,

Starting from the year 1963 he organized one-week courses in the field of obstetrics and perinatal medicine for physicians from all over the world. So far 64 courses took place with more than 2500 participants from 45 countries.



"Course with military gynecologists from USA"

1967 He introduced the term "Perinatal Medicine" into literature which is a widespread common designation today.

Short Bibliography:

1943-1945 Military service

1946-1952 Medical Faculty in Jena and in Berlin

1967 He established the first national society of perinatal medicine, the German Society of Perinatal Medicine in Berlin. In 1968 he founded the first international society for Perinatal Medicine, the European Association of Perinatal Medicine; of which he was the first president.

1973 Establishment of the first international journal in the field of Perinatal Medicine, the "Journal of Perinatal Medicine".

1990 Establishment of the German Society of Prenatal and Obstetrical Medicine.



1987 London: Honored together with Lady Diana

Honours

1966 Prix Quadriennal Fondation internal. de Gynécologie et d'Obstétrique (Belgium)

1974 Maternity Prize of the German Society of Perinatal Medicine

1980 Michaelis Plaque in Gold of the University of Kiel

1982 Maternity Prize of the European Association of Perinatal Medicine

1984 Awarding of a "Citation Classic" from the "Institute of Scientific Information" (ISI), Philadelphia as first clinically active physician in Germany for the frequently quoted publication "A new method for examination of the fetus during labor. Introduction, technique and principles": appeared in Arch Gynecol. 197 (1962) 108.

1986 Establishment of the "Erich Saling Inter-University School" for the study of the pathophysiology of the pregnancy,

1986 Admission into the family tree of Medicine as the founder of Perinatology

1988 Honoured with the ERNST-REUTER-PLAQUE of the Senate of Berlin

1991 Gold Medal of the Haackert Foundation

1991 Medal of the Yugoslavian Government for outstanding services to perinatal medicine in that country

1997 First winner of the A. William Liley Prize of the international society "The Fetus as a patient"

2001 Decoration with the Order of the Croatian star by the President of the Republic of Croatia, Stjepan Mesic

2001 Appointment as "doctor honoris causa" by the Democritus University in Alexandroupolis/Greece

2001 Decoration with the Order of the Federal Republic of Germany, 1st class by the President of the German Republic, Johannes Rau



Conferment of the honorary doctorate

Honorary membership or corresponding memberships (corr.):

1972 Yugoslavian Society of Obstetrics and Gynecology

1973 Royal Society of Medicine, London

1973 Cuban Society of Obstetrics and Gynecology (corr.)

1973 Cuban Society of Pediatrics (corr.)

1974 Swiss Society of Gynecology

1975 Croatian Society of Pediatrics

1979 Italian Society of Obstetrics and Gynecology

1980 Yugoslavian Association of the Societies for Ultrasonics in Medicine and Biology

1982 Society of Obstetrics and Gynecology in Berlin

- 1983 Greek Society of Perinatal Medicine
- 1983 German Society of Pediatrics (corr.)
- 1987 Fellowship ad eundem of the Royal College of Obstetricians and Gynecologists, London
- 1987 Italian Society of Perinatal Medicine
- 1989 Society of Maternal Fetal Medicine, USA
- 1992 German Society of Obstetrics and Gynecology
- 1994 Society of Obstetrics and Gynecology in Thuringia
- 1995 Finnish Perinatal Society
- 1995 Slovakian Society of Obstetrics and Gynecology
- 2004 German-Russian Society of Gynecology and Obstetrics
- 2004 North-German Society of Gynecology and Obstetrics
- 2005 Croatian-German-Society for improvements in cultural and scientific co-operation